

# January - March 2012

## Caritas Christi Center Programs and Events

### JANUARY

#### **Questions Jesus Asked Part 4: What Jesus Asked of God and Satan**

**Presenter: Sr. Virginia Herbers, ASCJ**

**Monday, January 9 from 7 - 8:30 pm**

**\$10**

Often when we consider stories from the Gospels, we focus on the spoken word of Christ --what he taught, what he preached, what he prayed, what he spoke in parable. This final part of the **series**, will focus specifically on the **questions** Jesus asked God and Satan ...and hopefully will engage the conversation in such a way as to offer him our own answers!

#### **Evening Spiritual Book Club: The Return of the Prodigal Son by Henri Nouwen**

**Facilitator: Sr. Patricia Cigrand, ASCJ**

**\$35 (Includes book)**

**Six Thursdays, Jan. 12 - Feb. 16 from 7:00 - 9:00 pm from**

Inspired by Rembrandt's painting titled the "Prodigal Son," Nouwen gives us the fruit of his meditation on each of the key figures in the parable. He challenges us to look at them with new eyes and identify with them. It is a fresh and inspiring approach to this well loved parable.

#### **Film Study: *Seabiscuit***

**Facilitator: Jim Pepitone**

**Wednesday, January 25 from 6:30 - 9:00 pm**

**\$8 (Includes snack)**

This film is based on a true story about an undersized thoroughbred race horse named Seabiscuit, who upset racing history. It is much more than a racing horse story. Seabiscuit had a profound effect on the lives of the three unlikely men who believed in this horse's promise and joined forces to train her.

#### **Day Spiritual Book Club: The Return of the Prodigal Son by Henri Nouwen**

**Facilitator: Sr. Patricia Cigrand, ASCJ**

**\$35 (Includes book)**

**Six Wednesdays, January, 25 - Feb. 29 from 10 - 12:00 pm**

Inspired by Rembrandt's painting titled the "Prodigal Son," Nouwen gives us the fruit of his meditation on each of the key figures in the parable. He challenges us to look at them with new eyes and identify with them. It is a fresh and inspiring approach to this well loved parable. Facilitator: **Sr. Patricia Cigrand, ASCJ**, Director, Caritas Christi Center. Donation: \$35 (Book included).

#### **Ongoing Centering Prayer Facilitator: Sr. Carolyn Severino, ASCFJ**

**Saturday, 1:30 - 3:00 pm**

**No fee**

The session includes Fr. Keating DVD, centering and Lectio Divina. (Prior experience with Centering Prayer needed.) Facilitator: **Sr. Carolyn Severino ASCJ**, Director of Adult Faith Formation, St. Mary Parish, Branford.

### FEBRUARY

#### **Prayerful Meditation & Movement with the Prayer of St. Francis**

**Instructor: Karen Suppies**

**\$10 per session**

**Seven Wednesdays, Feb. 8 to Mar. 28 no Session 2/22 from 6:30 - 8:00 pm**

There will be a **seven-week series** which uses prayerful movement, breath, and meditation to replenish the body, nourish the soul, and quiet the mind so one can become healthy temples of the Holy Spirit. This can be a preparation for lent as participants learn to center and develop peace within themselves thus enabling them to become instruments of peace for others. (No previous experience with Yoga is necessary. Wear comfortable clothes, and bring a mat, towel, and blanket.

**Film Fest: *Amazing Grace* Facilitator: Jim Pepitone**

**Wednesday, February 15 from 6:30 - 9:00 pm**

**\$8 (Snack Included)**

This film is a moving and dramatic tale of the passionate effort of Englishmen William Wilberforce to abolish slave trade. Despite opposition in Parliament he continued to wage a campaign to outlaw the inhumane slave trade.

**Ongoing Centering Prayer**

**Facilitator: Sr. Carolyn Severino ASCJ,**

**Saturday, Feb. 25 from 1:30 - 3:00 pm**

**No Fee**

The session includes Fr. Keating DVD, centering and Lectio Divina. (Prior experience with Centering Prayer needed.)

## **MARCH**

**Lenten Evening of Reflection: From Transfiguration to Transformation**

**Presenter: Sr. Janet Ruffing, RSM**

**\$10 adults, \$5 Students and Senior Citizens**

**Wednesday, March 6 from 6:00 - 9:00 pm**

Join us for a peace-filled evening that includes Lenten Prayer and a talk. A **simple supper** will be served followed by a **prayer service of light** in the Sacred Heart Chapel. This event is sponsored by Sacred Heart Academy and the Caritas Christi Center.

**Making Sense Out of Suffering Presenter: Sr. Doretta D'Albero, ASCJ**

**Monday, March 12 from 7:00 - 8:30 pm**

**\$10**

This presentation will be a summary and commentary on a book by the same title authored by Peter Kreeft. In his book, Kreeft attempts to help us understand the mystery of suffering. He draws his wisdom from philosophers, artists, prophets and Jesus Himself. His book is a real and honest quest, tackling a difficult topic with clarity and compassion.

**Raising Children of Divorce Presenter: Sr. Mauryeen O'Brien, OP**

**Tuesday, March 13 from 7:00 - 8:30 pm**

**\$10**

Because divorce of one's parents may be a traumatic event in a child's life, this interactive video will give concrete ways to help children through the divorce. This can be an invaluable aid to both parents and adults who work with children.

**Grandparenting (Real title and write up to come 11/29)**

**Presenter: Lisa Velazquez, Certified Life Coach**

**\$12**

**Monday, March 19 from 10 - 11:30 am**

**Helping Children Grieve**

**Presenter: Sr Mauryeen O'Brien, O.P.**

**Tuesday, March 20 from 7:00 - 8:30 pm**

**\$10**

This interactive media presents helpful information to adults (parents, caregivers, professionals, teachers) on how to help children through the grieving process. Topics include: a) Differences between adults and children's grief, b) How a grieving parent can help a grieving child, c) Feelings expressed by grieving children, and d) How to be truthful about death to a child.

**Film Fest: A Walk To Remember**

**Facilitator: Jim Pepitone**

**Wednesday, March 21 from 6:30 - 9:00 pm**

**\$8 (Includes Snack)**

When a prank on a fellow student goes wrong, the popular, irresponsible senior, Landon's punishment is to participate in various community service projects. His involvement in a Drama Club brings him into contact with misfit Jamie Sullivan and his life takes an unusual turn.,

**Lenten Day of Reflection: Mother Theresa and the Seven Last Words From the Cross**

**Presenter: Dianne Marie Traflet, J.D., S.T.D. \$35 (Includes Continental Breakfast & Lunch)**

**Saturday, March 30 from 9:30 - 3 pm**

Write up to come...

**31 Ongoing Centering Prayer Facilitator: Sr. Carolyn Severino ASCJ,**

**Saturday, March 31 from 1:30 - 3:00 pm**

**No Fee**

The session includes Fr. Keating DVD, centering and Lectio Divina. (Prior experience with Centering Prayer needed.)